



**INFANT-TODDLER MENTAL HEALTH  
COALITION OF ARIZONA**  
PO Box 2234  
Phoenix, AZ 85002-2234

*The Infant-Toddler Mental Health Coalition of Arizona*

*Presents*

## **Zoom Connection**

5:30pm – 6:30pm

2<sup>nd</sup> Thursday of each month

**September 10th**

**October 8<sup>th</sup>**

**November 12<sup>th</sup>**

**December 10<sup>th</sup>**

### **Facilitated by:**

**Bibi Herran, LMSW, Crystal Garcia-Lindquist, LMSW and Genett Tomko, LCSW, IMH-E**

Join other members of the Infant Toddler Mental Health Coalition for a zoom group reflection with professionals across Arizona as we navigate the challenges this pandemic has brought to our personal and professional lives. Share your experiences, stories, strengths/challenges, and ask questions as we support the mental health of children, their families and each other in the midst of uncertainty.

ITMCHA is a nonprofit organization working closely with Arizona professionals to help promote optimal health and development for infants and young children through safe and nurturing relationships. In order to provide the support we offer as professionals, we sometimes need to examine our internal world by focusing on our own thoughts and feelings as we are full participants in this journey called life. Only then can we really focus on the internal world of the children and families we work with.

This is a free group for members of ITMCHA

**Preregistration is required at [www.itmhca.org](http://www.itmhca.org)**

(Membership number needed for registration)

\* This is not a supervision group