



Alliance for the Advancement of
Infant Mental Health

A Statement from the Alliance for the Advancement of Infant Mental Health

As part of the global infant/early childhood mental health community, we are committed to deepening conversation and promoting reflection and action to address ongoing bias, structural racism, and racial violence that impacts the health and wellbeing of all our babies and their families.

We believe in the power of relationships to raise a collective voice against racism. We stand in solidarity with communities of color across the nation and the world and commit ourselves to mitigating the chronic trauma that racism has had on generations of children of color, their families, and the infant/early childhood workforce.

We hold in mind parents and caregivers of color who are tasked with protecting and creating a safe space for their babies while also managing their own emotions, as we also hold in mind the infant/early childhood mental health workforce of color who strive to hold and comfort families while managing their own emotions.

We believe that change and healing starts with each one of us. We must intentionally examine the ways we contribute to the continuation or dismantling of racial trauma and structural oppression.

We must respond with purpose and action. Our babies can't wait.

With Love and Hope,
Alliance Staff and Board of Directors