

# SHAPING THE FUTURE: ARIZONA INFANT & TODDLER MENTAL HEALTH ROADMAP



## ALL OF US

### NEED SECURE RELATIONSHIPS

Our focus on infant and early childhood mental health is geared towards nurturing strong, caring relationships between caregivers and children. We believe that robust, secure connections flourish when adult caregivers and professionals receive the necessary assistance and connections.

Join us for a three-part dialogue on the bright future ahead in Arizona. Take part in discussions that will shape upcoming efforts to enhance the social and emotional well-being of infants, toddlers, families, and caregivers.



FACILITATED BY THE INFANT/TODDLER  
MENTAL HEALTH COALITION OF  
ARIZONA



**WHO SHOULD ATTEND:**  
Professionals working with children and families from the prenatal period to age 6. Parents & Caregivers.  
Agency and organizational leaders. Policymakers.  
Advocates.



**DATES & TIMES:**

- 09.24.24 2pm-5pm
- 10.23.24 10am-1pm
- 11.04.24 10am-1pm



**VIRTUAL SESSIONS**  
All sessions will be online via Zoom to invite statewide participation.



REGISTER  
HERE!



Dear Early Childhood Champion,

We're excited to announce the launch of Arizona's Infant and Early Childhood Mental Health (IECMH) Roadmap, supported by the Infant Toddler Mental Health Coalition of Arizona ([www.itmhca.org](http://www.itmhca.org))! This groundbreaking initiative aims to create a comprehensive blueprint for improving the mental health and well-being of our youngest citizens.

As part of the early childhood system, your expertise and passion are crucial to the success of this project. We invite you to join us for the Roadmap kickoff on September 24th as we begin to define the Scope, Sectors, and Supports needed to create a thriving IECMH system in Arizona.

Over the next three months, we will collaborate during three virtual work sessions to address nine essential components of the Roadmap. Your involvement will help shape a vision for Arizona where every child has the opportunity to reach their full potential.

We are seeking individuals with diverse skills and experiences to inform the future of mental health support in our state. Whether you excel in relationship building, marketing, advocacy, or another area, your contributions will make a significant impact.

Be a part of shaping Arizona's future. Learn more about the Roadmap and how to get involved by registering [here](#).

Sincerely,

A stylized, handwritten signature in purple ink that reads "itmhca". The letters are connected and fluid, with a cursive-like feel.

INFANT/TODDLER MENTAL HEALTH COALITION OF ARIZONA