

INFANT TODDLER MENTAL HEALTH COALITION OF ARIZONA

Reflective Practice in Pediatric Primary Care Setting

Dec 6, 2024

12:00pm - 2:00pm (MST)

Virtual



BERIL BAYRAK BULUCU, MD, IMH-E

This interactive presentation will center on the use of reflective practice within a pediatric primary care setting. In the field of pediatrics there has been a recent shift towards infant and early childhood mental health, placing a significant emphasis in early relationships and their impact. Reflective practice is a cornerstone of infant mental health and relationship-centered care, supported by substantial evidence highlighting the significance of parental reflective functioning and reflective supervision in many early childhood disciplines. Reflective practice is certainly an emerging concept for the medical field. In this presentation we will explore the applications of reflective practice drawing from the recent developments in the field, case studies, personal experience and research. We will use an interactive workshop format for reflective discussions and case studies.

Dr. Beril Bayrak Bulucu is a board-certified pediatrician. She holds an Infant Mental Health endorsement as a clinical mentor. She facilitates national and international trainings on infant and early childhood mental health and trauma prevention in primary care. She has over two decades of experience as a primary care pediatrician. She is one of the facilitators of the Infant Mental Health Special Interest Group at the American Academy of Pediatrics. Her work is centered around integrating infant mental health and reflective practice to pediatric primary care. Dr. Bayrak offers reflective group consultations to early childhood professionals through the Massachusetts Infant Mental Health Association. She serves as NBO training faculty at the Brazelton Institute, Boston Children's Hospital. Dr Bayrak is also a co-founder of the Zeru Foundation, a nonprofit organization focused on empowering historically excluded young parents, children, and communities.

The cost is \$40 for members & \$55 for non-member

Pre-registration required at

www.itmhca.org

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