

The Infant-Toddler Mental Health Coalition of Arizona

**Presents** 

## Understanding and Responding to Difficult Parent-Infant Relationships

Julie Ribaudo, LMSW, IMH-E®-Mentor

**9:00AM – 12:00PM** (MST)
Virtual

What is it about some infant-parent interactions that are so inherently and often intensely uncomfortable to watch? This workshop will describe and show patterns of engagement that are unsettling and contribute to the formation of disorganized/disoriented attachment. It will help practitioners understand how using observations and internal reactions can inform our intervention. Participants will leave with a deeper understanding of how to tie their observations and own affective arousal to attune to and address the needs of the parent and infant, the role of projective identification (i.e., "ghosts in the nursery") in parental behavior, and how to support parental reflectivity. This training will address competencies required for ITMHCA Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health.

Julie Ribaudo LMSW, IMH-E®-Mentor is a Clinical Professor at the University of Michigan School of Social Work, and a doctoral candidate at Wayne State University. Her research and clinical practice focus on the identifying and reducing structural and interpersonal barriers to healthy infant-parent relationships. She has extensive experience in the assessment and treatment of abused and/or neglected infants, toddlers, and young children. Ms. Ribaudo has a Post-Graduate Certificate and Endorsement as an Infant Mental Health Therapist and Mentor. She is a reflective consultant for mental health providers and provides national and international training and workshops.

The cost is \$50 for members & \$65 for non-member **Pre-registration required at www.itmhca.org**