



**INFANT-TODDLER MENTAL HEALTH
COALITION OF ARIZONA
PO Box 2234
Phoenix, AZ 85002-2234**

The Infant-Toddler Mental Health Coalition of Arizona
Presents

Reflective Supervision

The Space Between

Monica McDonough, LMSW, IMH-E®
Lorna Sedillos, LCSW, RPT, IMH-E®

Saturday, November 14, 2020

9:30am – 2:30pm

(lunch from 11:30-12:30)

We will explore the elements of reflective practice and the power of reflective supervision while providing relationship-based work to children and their families. As we incorporate the parallel process that is evoked both personally and professionally, we will identify the “space between” in reflective supervision. This space offers insight and awareness. Let’s discuss the path of discovery in the quiet energy of being “with” another, while incorporating the core elements of reflective supervision. We hope you will walk away with a renewed conscious awareness and useful tools while providing reflective supervision.

Monica McDonough, LMSW, IMH-E® is a Program Manager with the Arizona Department of Child Safety (DCS). Monica has been employed with DCS for 22 years. In her current position as Program Manager she oversees four child welfare units (investigations and ongoing case management) in Southeastern Arizona. She is an Endorsement Advisor and provides Reflective Supervision.

Lorna Sedillos, LCSW, RPT, IMH-E® has been in private practice for the past ten years. She has expertise supporting children and their families through reflective practices, relationship-based work, and Play Therapy. Lorna has worked with children and families for the past 29 years in the capacities of program developer, trainer, group facilitator, therapist, clinical supervisor, and reflective supervisor. She provides Reflective Supervision and consultation for individuals and for groups, while maintaining her Infant Mental Health Endorsement over the past seven years. Lorna was recently accepted to the Board of Directors for the Infant Toddler Mental Health Coalition of Arizona.

This training will be held through Zoom

The cost is \$50.00 for ITMHCA members and \$65.00 for non-members.

Preregistration required at www.itmhca.org