



**INFANT-TODDLER MENTAL HEALTH
COALITION OF ARIZONA**
PO Box 2234
Phoenix, AZ 85002-2234

The Infant-Toddler Mental Health Coalition of Arizona

Presents

***Not Going it Alone:
The Role of Reflective Supervision/Consultation***

Julie Ribaudo, PhD Candidate, LMSW, IMH-E

Friday October 14th, 2022

9:00AM – 12:00PM (PST)

Virtual

As rewarding as IECMH practice can be, there are overwhelming, confusing, or frightening moments, even for the experienced interventionist. How do we stay attuned and present – to see, hear and understand – in the face of interactions that sometimes leave us utterly exhausted, angry, sad, or numb? Reflective Supervision/Consultation (RS/C) offers space for interventionists to ponder and understand the reactions, thoughts, and feelings about the work we do, on behalf of providing caregivers with infants and young children thoughtful intervention that supports their capacities. This workshop will review elements of RS/C, with attention to how to practice from an anti-racist perspective. This training will address competencies required for *ITMHCA Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health*.

Julie Ribaudo, Clinical Professor of Social Work at the University of Michigan, is an IMH Specialist and Reflective Supervisor/Consultant for IMH providers and supervisors. She is involved in research as a faculty member of Zero to Thrive, through the Department of Psychiatry at UoM and is a doctoral candidate at Wayne State University, in Detroit, Michigan. Professor Ribaudo was the 2013 recipient of the Selma Fraiberg Award for outstanding contributions to Michigan infants and their families, awarded by the Michigan Association for Infant Mental Health, and the 2011 and 2015 Professor of the Year, awarded by the UMSSW Student Union.

The cost is \$40 for members & \$55 for non-member
Pre-registration required at www.itmhca.org