



**INFANT-TODDLER MENTAL HEALTH
COALITION OF ARIZONA
PO Box 2234
Phoenix, AZ 85002-2234**

The Infant-Toddler Mental Health Coalition of Arizona
Presents

*Working with Young Children and their Parents in Child Welfare who
are Affected by Trauma and Substance Use*

Nicole Roskens, MC, LPC

**Friday, March 29, 2024
9:30AM – 12:30PM**

Tempe Library
3500 S Rural Rd, Tempe, AZ 85282
Community Connections room

Approximately 60%-70% of all substantiated child welfare cases and 80% or more of parents whose children are in foster care nationally have substance use disorders which is associated with higher rates of child re-victimization, greater likelihood of out-of-home placement, longer stays in care and higher rates of termination of parental rights. Many parents involved in child welfare also have their own trauma history which often has a high correlation with substance abuse. This workshop will discuss the effects of trauma and parental substance abuse on the parent child relationship, how trauma and substance abuse effects a parent's participation and engagement in services, and the effectiveness of evidence-based interventions with young children and their parents with trauma and substance use.

This training will address competencies required for *ITMHCA Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health*.

Nicole Roskens, LPC, earned her Bachelor's degree in Social Work and her Master's Degree in Counseling. Ms. Roskens has been a Licensed Professional Counselor with the State of Arizona since 2004. Ms. Roskens has focused her career on trauma, infant-toddler mental health, and how trauma affects parents and children involved with child welfare. Ms. Roskens has completed the two-year Harris Infant and Early Childhood Mental Health Training Institute, 18-month Child Parent Psychotherapy (CPP) Training and is Rostered as a CPP Clinician, Level 1 Sensorimotor Psychotherapy training, Eye Movement Desensitization and Reprocessing (EMDR) training, and Trauma-Focused CBT with experience utilizing each of these interventions. Currently, Ms. Roskens is the Clinical Director for the Maricopa County Cradle to Crayons Program, committed to meeting the therapeutic needs of children zero to three and parents involved in dependency actions in the Juvenile Court. Ms. Roskens has presented at several conferences, provided training to the community, court, Judicial Officers and DCS on trauma, attachment, infant mental health, being trauma informed and responsive, **shared parenting and other topics related to working with families in child welfare**.

The cost is \$50 for members & \$65 for non-member
Pre-registration required at www.itmhca.org