



**INFANT-TODDLER MENTAL HEALTH  
COALITION OF ARIZONA**  
PO Box 2234  
Phoenix, AZ 85002-2234

*The Infant-Toddler Mental Health Coalition of Arizona*  
Presents

# Reflective Supervision

Vilma Reyes, Psy.D.

**Friday**  
**March 7, 2025**  
**9:00AM – 12:00PM (MST)**  
Virtual

This workshop will cover the core principles of Reflective Supervision (RS) and their application to common supervisory dilemmas. The goal is to deepen supervisors' knowledge and skills in reflective practice as a component of trauma-informed systems.

RS is a relationship-based supervisory approach that has been found to reduce staff turnover, enhance professional competence, and reduce secondary traumatic stress. This training will address competencies required for *ITMHCA Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health*.

**Dr. Vilma Reyes** is an Associate Clinical Professor at the University of California, San Francisco in the Child Trauma Research Program. Since 2009, she has been providing Child-Parent Psychotherapy (CPP) services, training, clinical supervision, consultation and coordinating community-based mental health outreach services and evaluation.

The cost is \$50 for members & \$65 for non-member  
Pre-registration required at [www.itmhca.org](http://www.itmhca.org)