



INFANT-TODDLER MENTAL HEALTH
COALITION OF ARIZONA
PO Box 2234
Phoenix, AZ 85002-2234

The Infant-Toddler Mental Health Coalition of Arizona

Presents

Ghostbusting in the Nursery:
From Metaphor to Orthodoxy in Infant Mental Health

Robert Weigand, MS

Saturday
February 25, 2023
12:00pm – 3:00pm

In-Person at Dessert Garden Montessori
5130 E Warner Rd, Phoenix 85044
Outside (weather permitting)

In 1975 Selma Fryberg and her colleagues Edna Adelson and Vivian Shapiro introduced mental health professionals to their metaphor for understanding the nature of what they called “impaired infant-mother relationships”. Their “*ghosts in the nursery*” article provided the emerging field of infant mental health an approach to understanding the earliest roots of psychopathology and a clinical framework for a relationship-based focus on work with infants and their parents. This talk will offer suggestions from my reading of the developmental science that I think might help us to more clearly see and understand the nature and influence of *ghosts in the nursery*. I’ll offer some suggestions for engaging them, and for minimizing their haunting influence on the infant-family professionals who bravely venture into their midst. Note: *We will be visited by three ghosts during this discussion.* This training will address competencies required for *ITMHCA Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health*.

Robert (Bob) Weigand is an Emeritus Principal Lecturer from Arizona State University where he served as Director of the Child Development Laboratory and taught courses in early childhood development and infant/early childhood mental health. For most of his career he was a preschool/childcare teacher working with toddlers.

The cost is \$45 for members & \$60 for non-member
Pre-registration required at www.itmhca.org