



REFLECTIVE SUPERVISION PROVIDERS

Infant Mental Health Mentor – Clinical (IMHM-C)

Central Arizona providers

Breanna Grant, LCSW, IMH-E®

Clinical Supervisor
Cave Creek/N. Phoenix
Individual: In-person or Virtual \$100
Group: Virtual \$50

**Infant Mental Health Mentor-
Clinical**

bre.grant@gmail.com

Southern Arizona providers

Priscilla Whitlock-Coates, MC, LPC, IMH-E®

Sierra Vista
Individual: In-person or Virtual \$100
Group: In-person or Virtual \$50
bringaboutchanges@gmail.com
bringaboutchanges.com

**Infant Mental Health Mentor-
Clinical**

(520) 227-4402

Infant Mental Health Specialist, Endorsed Reflective Supervisors (IMHS-ERS)

Southern Arizona providers

Lorna Sedillos, LCSW, RPT, IMH-E®

Sierra Vista
Individual: In-person or Virtual \$75
Group: In-person or Virtual \$40
2nd or 3rd Friday each month

**Infant Mental Health Specialist,
Endorsed Reflective Supervisor**

(520) 559-2618
lgsedillos@msn.com



REFLECTIVE SUPERVISION PROVIDERS

Infant Family Specialist, Endorsed Reflective Supervisors (IFS-ERS)

Southern Arizona providers

Monica McDonough, LMSW, IMH-E ® Infant Family Specialist, Endorsed Reflective Supervisor

Sierra Vista

Individual: In-person or Virtual \$75 per hour

Group: In-person or Virtual \$50 per hour/per person

monmcdonough@gmail.com

520-508-9122

Scott Rettedal, MT-BC, DS II, IMH-E ® Infant Family Specialist, Endorsed Reflective Supervisor

Tucson

Individual: Virtual \$75 per hour

Group: Virtual \$50 per hour

roadrunnermusicabq@gmail.com

505-730-7346

Infant Mental Health Specialists (IMHS) Providers

Central Arizona providers

Laura Gonzales MA, LPC, IMH-E ®

Child and Family Therapist

Glendale

Group: Virtual monthly \$50

Infant Mental Health Specialist

(602)717-7213

Register for group: www.groundworkaz.org

Genett Tomko, LCSW, IMH-E®

Clinical Supervisor & Child Therapist

Phoenix/Ahwatukee

Individual: In-person or virtual \$100

Groups: Virtual monthly \$50

2nd Tuesday 12:00PM -1:30PM

4th Monday 6:00PM -7:30PM

Infant Mental Health Specialist

(480) 650-0209

childrensintegratedtherapeutic@yahoo.com

genett@groundworkaz.org

Register for group: www.groundworkaz.org



REFLECTIVE SUPERVISION PROVIDERS

Heather Wall, LCSW, IMH-E®

Child Therapist & Clinical Supervisor

Gilbert

Individual: In-person or virtual \$100

Groups: Virtual monthly \$50

2nd Tuesday 12:00PM - 1:30PM

Infant Mental Health Specialist

(480) 818-6518

heatherwalllcsw@gmail.com

Register for group: www.groundworkaz.org

Southern Arizona providers

Leona Pannabecker, LMSW, IMH-E®, CCTP

Mental Health Coordinator

Tucson

Individual: Virtual \$30

Group: Virtual monthly

Infant Mental Health Specialist

(520) 623-2512 ext 77357

lpannabecker@childparentcenters.org

Cathleen Phelan, LCSW, IMH-E®

Clinical Supervisor

Tucson

Group: Virtual monthly \$50

4th Tuesday 11:00AM-12:30PM

Infant Mental Health Specialist

cathleenphelan@yahoo.com

cphelan@casadelosninos.org

Nicole Spahl, MA, LPC, IMH-E®

Clinician

Sierra Vista

Individual: Virtual \$50

Infant Mental Health Specialist

nspahl4@gmail.com



REFLECTIVE SUPERVISION PROVIDERS

Guidance for IMH Endorsement® and requirements to provide RSC:

IFA, IFS, and IMHS → Cannot provide RSC

IFS-ERS → Can provide to IFS and IMHS

IMHS-ERS → Can provide to IFS and IMHS

IMHM-C → Can provide to all categories

The individuals listed have confirmed that they are meeting the Endorsement® requirements for receiving RS/C from an Endorsed® provider and they have indicated their willingness to provide RSC to ITMHCA applicants for Endorsement® and endorsees for renewal. Please contact the provider directly to coordinate attendance or for additional information. This directory of RSC providers is not exhaustive.

*Current IMHS Providers have until December 2024 to become either an Endorsed Reflective Supervisor (IMHS-ERS) OR an Infant Mental Health Mentor-Clinical (IMHM-C) to continue providing RSC for the purpose of Endorsement.

***The individuals listed are independent providers and do not represent the Infant/Toddler Mental Health Coalition of Arizona in the provision of reflective supervision/consultation services. The Infant/Toddler Mental Health Coalition of Arizona cannot guarantee the accuracy, reliability, or completeness of supervision/consultation provided by these individuals.*

Please reach out with questions regarding Endorsement to azendorsment@gmail.com.