



From Risk to
Resilience:
The 17th Institute on
Infant-Toddler Mental Health

October 18 & 19, 2018
Desert Willow Conference Center
Phoenix, Arizona



Infant Toddler Mental Health Coalition of Arizona

WELCOME - INFANT TODDLER MENTAL HEALTH COALITION OF ARIZONA

On behalf of the Board of Directors of the Infant-Toddler Mental Health Coalition of Arizona we are proud to present From Risk to Resilience: The Seventeenth Training Institute on Infant Toddler Mental Health. We are excited to offer this year's conference program with learning opportunities to support quality infant mental health practice for the benefit of infants, young children and their families in Arizona and beyond. This year's conference offers a stimulating and relevant program with locally and nationally recognized experts in the infant mental health field. Workshops will provide valuable and practical information for those working in clinical practice, early intervention, family support, consultation, early care and education, pediatric medicine, child abuse prevention and intervention, and public policy.

This year we are very fortunate to have as our opening keynote speaker, **Dr. Howard Steele**. Dr. Steele is Professor and Chair of Clinical Psychology, at the New School for Social Research in New York City. At the New School, Dr. Steele co-directs the Center for Attachment Research, www.attachmentresearch.com. Dr. Steele is also senior and founding editor of the international journal, ***Attachment and Human Development***, and founding president of the Society for Emotion and Attachment Studies, www.seasinternational.org.

We are also pleased to announce our second keynote speaker, **Dr. Miriam Steele**. Dr. Steele is Professor and Director of the Doctoral Program in Clinical Psychology, at the New School for Social Research where she co-directs the Center for Attachment Research. Dr. Steele is also an Anna Freud Center trained psychoanalyst. Dr. Steele initiated the London Parent-Child Project, a major longitudinal study of intergenerational patterns of attachment, and has also carried out longitudinal attachment research in the context of child maltreatment and adoption.

The Institute will be held at the Desert Willow Conference Center in Phoenix, AZ on October 18 and 19, 2018. Homewood Suites, conveniently located near the Desert Willow Conference Center, is offering ITMHCA conference participants a discounted rate for a limited time. Registration for the conference is available online at: <http://Risk-To-Resilience.com>. We encourage you to register early, as workshops fill up quickly! Sponsorship opportunities are available at: <https://secure6.com/ITMHCA/sponsor.php>.

Thank you! See you in October!

Amber LaMonte, PsyD, - *ITMHCA Chair*

Genett Tomko, MSW, LCSW, IMH-E® (III), - *ITMHCA Training/Education Chair*

Yvonne Lara MAS, - *ITMHCA Institute Planning Committee*

Sally Moffat, - *ITMHCA Treasurer*

Bob Weigand, MAS, IMH-E® (IV), - *ITMHCA Institute Planning Committee*



INFANT TODDLER MENTAL HEALTH COALITION OF ARIZONA

Vision

Optimal health and development for all infants and young children through safe and nurturing relationships.

Mission

Promoting the wellbeing of infants, young children and their families through advocacy, community relationships, education, and professional development.

Origins

The Coalition was established in 1996 following the development of Arizona's Infant Mental Health Strategic Plan. Interested professionals continue to assemble to discuss theoretical issues related to infant toddler mental health and the availability of formalized training in the field.

Focus

Training, early intervention and treatment as it relates to infant toddler mental health.

501 c 3 status

The Coalition is a 501 (c) (3) non-profit organization.

Management

The Coalition is managed by a volunteer Board of Directors that oversees the Institute program development and executes the daily business of the Coalition.

Certificate of Attendance

The Infant Toddler Mental Health Institute provides Certificate of Attendance. This program will address competencies required for ITMHCA Endorsement for culturally sensitive, relationship focused practice promoting infant mental health.

Growth

Since its inception, Institute attendance has grown 300% and continues to grow regionally, attracting more out-of-state attendance every year.

Who Attends

Attendees include pediatricians, psychologists, psychiatrists, prenatal nurses, child welfare workers from private and statewide agencies, mental health practitioners, early interventionists, therapists, child care providers and parents.

Who Benefits

Children with emotional and developmental challenges, parents of high-risk families, agency training programs, caseworkers, teachers, and the community overall.



HOTEL INFORMATION



THE HOMEWOOD SUITES BY HILTON PHOENIX AIRPORT SOUTH HOTEL

Nestled between Phoenix Sky Harbor Airport and Tempe, Arizona, the Homewood Suites by Hilton Phoenix Airport South hotel is an extended stay hotel within walking distance of the Cotton Center Business Park. The Hotel is located just a short drive from Phoenix Sky Harbor Airport. Take the complimentary 5-mile radius shuttle to and from the Phoenix airport, the Desert Willow Conference Center, and local restaurants.

The Homewood Suites by Hilton Phoenix
Airport South
4750 East Cotton Center Boulevard
Phoenix, AZ 85040
602-470-2100
www.homewoodsuites.hilton.com

ROOM RATES

Please Note: Attendees are responsible for making their own hotel reservations and travel arrangements.

**Guest Room Suite Rates: \$145 + tax (currently tax is 13.27%) per night for King
OR
\$180 + tax (currently tax is 13.27%) per night for 2 Queens**

Must use this *Corporate Account # 0002716005* when booking to get this rate!

Reserve your room early to ensure that rooms are still available at this rate.

Complimentary services include:

- Guestroom wireless internet, full kitchen, dining table and chairs, desk and sofa bed.
- Hot full breakfast, unlimited use of fitness center, outdoor pool, business center, free self-parking and complimentary Phoenix airport shuttle.

CHECK-IN/CHECK-OUT

Guest accommodations will be available at 3:00 PM on arrival day and reserved until 12:00 noon on departure day. Any attendee wishing special consideration for late checkout should inquire at the front desk on day of departure. Luggage can be stored at the Bell Desk, Friday afternoon, October 19th, so that guests may attend all Friday sessions.



ROOM RESERVATIONS

In order to guarantee availability, reservations should be made as early as possible with a credit card. There are two ways to register:

Option 1:

Book online www.homewoodsuites.hilton.com. Be sure to enter PHX when finding the property. Select "Homewood Suites by Hilton Phoenix Airport South". Complete "Book A Suite" section and click on "add special rate codes". **Enter into "Corporate Account" field 0002716005 then click on "Check Rooms & Rates"**. Select a room option from the search to secure the rates mentioned above. *Note: the hotel's system displays "Desert Willow Golf Resort" and this is the location you want to select.

Option 2: (Telephone reservation) Contact the hotel as early as possible and identify yourself as attending the Institute at Desert Willow Conference Center (Call Direct: 602-470-2100). Ask for *Reservations* and refer to **Corporate Account # 0002716005**. Provide your name, type of room, check-in and check-out dates. Any requests for special reservations must be made at the time of the call.

CANCELLATIONS

Rooms are guaranteed for late arrival to an individual's credit card. Any guaranteed reservation NOT cancelled 24 hours before 3:00 pm on the arrival date will be billed to the individual guest's credit card.

AIRPORT TRANSPORTATION

The hotel's free airport shuttle is recommended. Please make arrangements with the hotel accordingly. Airport taxis are available as well for approximately \$20 to hotel.

DIRECTIONS

From Phoenix Sky Harbor International Airport – Exit east and follow signs to 143/University. Turn left on University. Drive ¼ mile and turn right on 143 South which becomes South 48th Street. Drive 1 mile. Turn right on Cotton Center Boulevard. The Homewood Suites is on the right.

From Flagstaff- Take I-17 South to I-10 East. Exit #153/48th Street/Broadway Road. Turn right onto South 48th Street. Drive one block past Broadway Road turn right on Cotton Center Boulevard. The Homewood Suites is located on the right.

From West - Take Interstate 10 East (towards Tucson). Exit #153/48th Street/Broadway Road. Turn right onto South 48th Street. Drive one block past Broadway Road turn right on Cotton Center Boulevard. The Homewood Suites is located on the right.

From Tucson - Take Interstate 10 West and exit to #153/Broadway Road turn left. Go to 48th Street turn left. Drive one block turn right on Cotton Center Boulevard. The Homewood Suites is located on the right.



CONFERENCE AGENDA – DAY ONE – THURSDAY, OCTOBER 18, 2018

Desert Willow Conference Center, Phoenix, AZ

Thursday, October 18, 2018

- 7:00am - 8:00am Continental Breakfast
Registration / Vendor Tables Open
- 8:00am – 8:15am Welcome & Introduction
- 8:15am - 10:15am **Plenary Keynote**
“On The Origins of Reflective Functioning (RF) And The Relevance of RF to Work With Young Children and Their Caregivers”
Dr. Howard Steele
- 10:15am - 10:30am Morning Break – Vendor Tables / Snacks
- 10:30am – 12:00pm Concurrent Sessions A
Choose From 5 Workshops
- 12:00pm – 1:30pm Lunch and Annual ITMHCA Meeting
- 1:30pm - 3:00pm Concurrent Sessions B
Choose From 5 Workshops
- 3:00pm - 3:15pm Afternoon Break – Vendor Tables / Snacks
- 3:15pm - 4:45pm Concurrent Sessions C
Choose From 5 Workshops
- 4:45 pm Adjourn



CONFERENCE AGENDA – DAY TWO – FRIDAY, OCTOBER 19, 2018

Desert Willow Conference Center, Phoenix, AZ

Friday, October 19, 2018

- 7:00am – 8:00am Continental Breakfast / Registration
- 8:00am – 8:15am Opening Conference & Introduction
- 8:15am - 10:15am **Plenary Keynote**
“On the Efficacy of the Group Attachment-Based Intervention (GABI) Aimed at Improving the Toddler-Mother Relationship: Results From a Randomized-Control Trial”
Dr. Miriam Steele
- 10:15am - 10:30am Morning Break – Vendor Tables / Snacks
- 10:30am – 12:00pm Concurrent Sessions A
Choose from 5 workshops
- 12:00pm – 1:30pm Lunch
- 1:30pm - 3:00pm Concurrent Sessions B
Choose from 5 Workshops
- 3:00pm Adjourn



Workshop A1

“On the Origins of Reflective Functioning (RF) and the Relevance of RF to Work with Young Children and their Caregivers”

Howard Steele, PhD, Center for Attachment Research, New School for Social Research

This workshop offers a more in-depth, hands-on exercise that expands on the plenary talk.

Workshop A2

“Emma’s* Story, and How We Can Change the Laws to Better Protect Children”

Carol Coghlan Carter, Attorney, Director of Litigation Carol Coghlan Carter, PC

A robust reform package signed into law this spring gives abused and abandoned children in Arizona some of the strongest legal rights and protections in the country. The package of bipartisan reforms passed the Arizona Legislature by a margin of 87-1 and was signed into law by Governor Doug Ducey. The reforms let judges expedite a child’s court case in cases of extreme abuse and move young children out of the system and into safe families faster. Generation Justice is launching a Pro Bono Legal Clinic for Children in January, 2019, to recruit and train a network of pro bono attorneys that will represent the best interests of Arizona’s children. These attorneys will work with relevant parties, including biological parents, family members, and foster caregivers, in a manner that ensures applicable laws are being followed so that better outcomes are achieved.

Workshop A3

“Expanding Reflective Practice with ACT (Acceptance and Commitment Therapy)” PART 1

Dr. Larry Dumka, Arizona State University’s Sanford School of Social and Family Dynamics

ACT is an evidence-based approach to increase psychological flexibility. Through experiential activities, participants in this 3-part workshop will understand and apply ACT’s core processes (present moment awareness/mindfulness, accessing self-as-context, defusion, acceptance, valuing, and committed action) to their own practice, identify the main barriers to psychological flexibility, and practice skills they can use to increase their reflective practice with others.

Workshop A4

“Sleep Secrets - The Role of Sufficient Sleep for Babies and Toddlers and How to Help Caregivers Avoid the Pitfalls of Sleep Deprivation. No Cry It Out Necessary.”

Tracy Spackman, Gentle Sleep Coach

This workshop will discuss the sleep needs of young children and how they change from 0-5 years old. Participants will explore the process of helping parents meet those needs. The common causes of frequent night waking, nap challenges, what is considered “typical” and signs of sleep deprivation will be discussed. The group will explore ways of supporting a sleep deprived parent with gentle coping strategies and co-regulation to improve their child’s sleep. Tracy will provide tips to support infants’ and toddlers’ sleep through relationship with their caregivers.

Workshop A5

“The Powerful Promise Behind Arizona’s Expulsion Prevention Policy”

Rose Phillips, MA, LMFT, Assistant Director, Children with Disabilities Department, Southwest Human Development

Preschool expulsion and suspension are very common, but surprisingly harmful practices used



across the country to manage challenging behaviors. Participants in this workshop will hear how groundbreaking research on expulsion galvanized the federal government to support expulsion prevention policies across the US. We will describe ADES-CCA's Expulsion Prevention Policy and its Expulsion Prevention program. Participants will hear about the program's approach for "Sharing the Care" and learn how the program supports caregivers, families and children. Finally, we will share three evidenced-based approaches for reducing expulsion and describe how trauma informed care practices support expulsion prevention efforts as well.



Workshop B1

“Historical Trauma” PART 1

Dawn A. Yazzie, M.A., Early Childhood Mental Health Consultant, Southwest Human Development

This session will provide an introduction to Indian Law and Policy and its’ historical traumatic effects on indigenous populations, including the Navajo perspective, history and culture. Multigenerational trauma and resilience will be discussed. The presenter will share the successes and challenges involved in Early Childhood Mental Health Consultation services on the Navajo Nation and strategies that have supported the work. The session will include several videos and interactive worksheets for participants to take and use in their work.

Workshop B2

“Understanding Perinatal Mood and Anxiety Disorders”

Michelle Lacy, LPC, Clinical Director, Women's Health Innovations of Arizona

This session will provide a review of the spectrum of perinatal mood and anxiety disorders, risks related to untreated symptoms, and resources.

Workshop B3

“Expanding Reflective Practice with ACT (Acceptance and Commitment Therapy)” PART 2

Dr. Larry Dumka, Arizona State University’s Sanford School of Social and Family Dynamics

Continuation of Part 1. See Part 1 for Description

Workshop B4

“Supporting the Development of Young Children”

Molly Strothkamp, LMSW, IMH-E® (III), Child Therapist, Training Coordinator, Good Fit Counseling Center, Southwest Human Development

This workshop will focus on understanding and supporting the development of young children birth to five through relationship-based work with children and their caregivers.

Workshop B5

“Bridging Social Emotional Development to School Readiness: Getting From Here to There” PART 1

Dr. Ann Hogan, University of South Florida-St. Petersburg, Infant Family Mental Health Program

Young children’s early social emotional adjustment can impact their successful entry to group and school settings. Current concerns regarding early suspensions and expulsions, and the resulting school trajectory can benefit from an expanded infant mental health and developmental framework. Using a model of social competence, this talk will trace the path from milestones in emotions, relationships and self-regulation to the developmental advances needed for success in school and life settings.



Workshop C1

“Historical Trauma” PART 2

Dawn A. Yazzie, M.A, Early Childhood Mental Health Consultant, Southwest Human Development
Continuation of Part 1. See Part 1 for Description.

Workshop C2

“Neonatal Abstinence Syndrome and the Family”

Michelle Lacy, LPC, Clinical Director, Women's Health Innovations of Arizona
This breakout session will focus on working with families who are struggling with Neonatal Abstinence Syndrome (infants born addicted to opioids), addiction, and trauma.

Workshop C3

“Expanding Reflective Practice with ACT (Acceptance and Commitment Therapy)” PART 3

Dr. Larry Dumka, Arizona State University's Sanford School of Social and Family Dynamics
Continuation of Parts 1 and 2. See Part 1 for Description.

Workshop C4

“Assessment & Diagnosis of Infants & Toddlers”

Genett Tomko MSW, LCSW, IMH-E® (III), Child Therapist, Clinical Supervisor
This breakout session will focus on principles of appropriate assessments of Infants and Toddlers and practices to avoid in assessment. A variety of assessment tools will be reviewed. Discussion will also focus on the challenge of identifying appropriate DSM V diagnoses for infants & toddlers (which is often required for funding purposes). The group will identify developmentally appropriate diagnoses for young children birth to five years old.

Workshop C5

“Bridging Social Emotional Development to School Readiness: Getting From Here to There” PART 2

Dr. Ann Hogan, University of South Florida-St. Petersburg, Infant Family Mental Health Program
Continuation of Part 1. See Part 1 for Description.



Concurrent Sessions A: 10:30am - 12:00pm - FRIDAY, OCTOBER 19, 2018

Workshop A1

“On The Efficacy of the Group Attachment-Based Intervention (GABI) Aimed at Improving The Toddler-Mother Relationship: Results From a Randomized-Control Trial”

Miriam Steele, PhD, Center for Attachment Research, New School for Social Research

This workshop offers a more in-depth, hands-on exercise that expands on the plenary talk.

Workshop A2

“The Tiniest Victims of the Opioid Crisis...Babies Born Passively Dependent” PART 1

Tara Sundem, Neonatal Nurse Practitioner, Hushabye Nursery

Two Arizona babies are born every day withdrawing from opioids. Learn about Neonatal Abstinence Syndrome (NAS). This workshop will address the pathophysiology, presentation, and developmental risk factors associated with NAS as well as treatment protocols. Strategies for educating caregivers, supporting families in coping with NAS, and collaboration with other providers will be discussed.

Workshop A3

“Culturally Responsive Practice with Young Children and their Family: Considering Intersecting Identities and Factors” PART 1

Melissa Mendez, LCSW, IMH-E®, Director of Early Childhood Programs, Wheeler Clinic

This presentation will focus on culturally responsive practice and the intersecting factors that are relevant when considering culture: race, ethnicity, gender, socioeconomic status, age and education. The presentation will also speak to the issue of “power dynamics” in the provider-parent relationship as well as in the greater community. Participants will engage in thought and discussions around their own intersecting identities and how they impact and challenge our values, beliefs and assumptions in our work with children and families. Participants will also be given specific strategies to use to help enhance their culturally responsive practice in ways that support and empower families.

Workshop A4

“Introduction to Reflective Supervision” PART 1

Nicole Valdez, LCSW, IMH-E® III, Behavioral Health Consultant, Honor Health

This workshop will introduce the core components of Reflective Supervision including: the roles and responsibilities of the Supervisor and the Supervisee, development of the supervisory relationship, and increasing reflective capacity. Participants will have the opportunity to observe a brief Reflective Supervision session.

Workshop A5

“Trauma at the Border: Understanding and Addressing the Special Needs of Infants and Toddlers Separated or Detained at the U.S. border”

Robert Weigand, MAS, IMH-E® (IV), Director, Child Development Laboratory, Arizona State University

Developmental scientists from around the globe have decried the treatment of families with young children at the U.S. Southwestern border. In this workshop we summarize the science that underlies their concern for the welfare of young children who have experienced the traumatic



disruption of attachment relationships with their parents and/or are detained in conditions that imperil this critically important relationship. The short- and long-term consequences of early trauma will be summarized, and key elements of services necessary to support and advocate for these families will be discussed.



Concurrent Sessions B: 1:30pm - 3:00pm - FRIDAY, OCTOBER 19, 2018

Workshop B1

“Testifying in Juvenile Court”

Vernon Harris, Esq., Unit Chief Counsel, Protective Service, Arizona Attorney General’s Office

Testifying in court is unlike any other form of communication. Learn the ins and outs of testifying in Juvenile court. Participants will learn the rules of testifying in court, how to prepare for direct and cross examination, and how to answer questions effectively in court.

Workshop B2

“The Tiniest Victims of the Opioid Crisis...Babies Born Passively Dependent” PART 2

Tara Sundem, Neonatal Nurse Practitioner, Hushabye Nursery

Continuation of Part 1. See Part 1 for Description.

Workshop B3

“Culturally Responsive Practice with Young Children and Their Family: Considering Intersecting Identities and Factors” PART 2

Melissa Mendez, LCSW, IMH-E®, Director of Early Childhood Programs, Wheeler Clinic

Continuation of Part 1. See Part 1 For Description.

Workshop B4

“Introduction to Reflective Supervision” PART 2

Nicole Valdez, LCSW, IMH-E® III, Behavioral Health Consultant, Honor Health

Continuation of Part 1. See Part 1 For Description.

Workshop B5

“The Early Childhood Service Intensity Instrument: A Tool for Child and Family Teams”

Dr. Bob Klaehn, Medical Director, Autism Team, Anthem Blue Cross Blue

Mary Beardsley, MS, Clinical Project Manager, Arizona Health Care Cost Containment System

The Early Childhood Service Intensity Instrument (ECSII) was developed by the American Academy of Child and Adolescent Psychiatry for determination of the intensity of services needed for infants, toddlers, and young children with emotional, behavioral, and/or development needs and their families. It was designed for use by Child and Family Teams and community programs such as: early intervention, child welfare, mental health, primary care and early education. It has been adopted for use in Arizona as part of the AHCCCS Targeted Investments (TI) Program, which will provide financial incentives to eligible providers to develop systems for integrated care.



PRESENTERS' BIOGRAPHIES

Howard Steele, PhD is Professor and Chair of Clinical Psychology, at the New School for Social Research in New York City. At the New School, Dr. Steele co-directs the Center for Attachment Research, www.attachmentresearch.com. Howard Steele is also senior and founding editor of the international journal, *Attachment and Human Development*, and founding president of the Society for Emotion and Attachment Studies, www.seasinternational.org.

Miriam Steele, PhD is Professor and Director of the Doctoral Program in Clinical Psychology, at the New School for Social Research where she co-directs the Center for Attachment Research. Dr. Steele is also an Anna Freud Center trained psychoanalyst. Dr. Steele initiated the London Parent-Child Project, a major longitudinal study of intergenerational patterns of attachment, and has also carried out longitudinal attachment research in the context of child maltreatment and adoption. Miriam Steele's principal project at present concerns program evaluation of the GABI treatment model in New York City.

Mary Beardsley, MS (Family Studies/Human Development) is a Clinical Project Manager with the Arizona Health Care Cost Containment System (AHCCCS) with over 13 years of experience in community mental health in Arizona. She is currently on the Board of Directors of the Infant and Toddler Mental Health Coalition of Arizona.

Carol Coghlan Carter, JD is Director of Litigation. Carol has been in private practice for 30 years focusing on juvenile law.

Larry Dumka, PhD is a couple and family therapist, trainer, and emeritus professor in Arizona State University's Sanford School of Social and Family Dynamics. He promotes evidence-based approaches to helping people accomplish changes in their social contexts. He has also developed and tested family-based interventions to increase positive youth development.

Vernon Harris, JD is a Unit Chief Counsel in the Protective Service section of the Arizona Attorney General Office. He trains new attorneys and DCS case managers as well as handle high profile cases throughout the state of Arizona.

Ann Hogan, PhD is the Past President of the Florida Association for Infant Mental Health, teaches for the USF-SP Infant-Family Mental Health Certificate Program, is a co-author of the Partners for a Healthy Baby Curriculum, and provides training throughout Florida to multidisciplinary audiences on child development and applications of IMH principles.

Bob Klaehn, MD is currently a Medical Director for Anthem Blue Cross Blue Shield's Autism Team. He is one of the developers and trainers for Early Childhood Service Intensity Instrument (ECSII) and former Medical Director for the Arizona Division of Developmental Disabilities. He is a member of the ITMHCA Board.

Michelle Lacy, LPC is the Clinical Director at Women's Health Innovations of Arizona (WHI). WHI specializes in the mental health needs of women and families around pregnancy, postpartum, and parenting. Michelle has extensive experience in treating maternal mental health and is a trainer for Postpartum Support International.



Melissa Mendez, LCSW, IMH-E® is Director of Early Childhood Programs at Wheeler Clinic in CT, President of CT-AIMH Board of Directors and adjunct instructor in the MSW program at Southern CT State University. Melissa trains nationally and internationally on topics related to early childhood development and trauma. Melissa has her MSW from the University of Michigan, she enjoys reading historical fiction, running and traveling.

Rose Phillips, MA, LMFT is an Assistant Director to Southwest Human Development's Services to Children with Disabilities department. She is part of a team which developed and provides Arizona's Child Care Expulsion Prevention trainings across Arizona. Rose also provides mental health consultation to programs at SWHD and serves as Harris program faculty.

Tracy Spackman teaches caregivers to help develop their child's sleep potential. Tracy is trained and certified as a Gentle Sleep Coach by The Sleep Lady plus studied these additional programs: Sick Kids Hospital's Infant Mental Health Community Institute, The Wonder Weeks Academy, and Babies In Mind - University of Warwick.

Molly Strothkamp, LMSW, IMH-E® (III) is a child therapist and the training coordinator at the Good Fit Counseling Center at Southwest Human Development. Molly is a faculty member for the Harris Infant and Early Childhood Mental Health Training Institute and she teaches and provides trainings on infant mental health and other related topics to parents, professionals, and community organizations statewide.

Tara Sundem, MS is a Neonatal Nurse Practitioner with over 25 years of experience caring for babies in the NICU. Tara received her Masters and NNP from Arizona State University. She is driven to improve the care that is provided to these fragile babies and to their families. In 2016, Tara and Kelly Woody co-founded Hushabye Nursery, a recovery center for NAS.

Genett Tomko, MSW, LCSW, IMH-E® (III) is a Child Therapist and Clinical Supervisor specializing in treatment services for children birth to 5 years old. She also has a private practice in Ahwatukee. Genett has served as the Chair of the Training & Education Committee for the Infant/Toddler Mental Health Coalition of AZ for the past 8 years. Genett has worked with young children and their families in AZ for the past 18 years.

Nicole Valdez, LCSW, (IMH-E® III) is a Licensed Clinical Social Worker who is endorsed as an Infant Mental Health Specialist (IMH-E® III). She has worked with children and families across Arizona in behavioral health, medical, and educational settings. She is currently a Behavioral Health Consultant with Honor Health and has experience as a Reflective Supervisor for behavioral health providers.

Robert Weigand, MAS, IMH-E® (IV) is the Director of the Child Development Laboratory at Arizona State University, a full- day early childhood care and education program serving children ages 20 months to five years of age.

Dawn A. Yazzie, MA is an Early Childhood Mental Health Consultant with Southwest Human Development on the Navajo Nation, where she provides support to develop the capacity of caregivers to learn to support the healthy social-emotional development of young children. Dawn also works half-time with the Center of Excellence for Infant and Early Childhood Mental Health Consultation.



REGISTER TODAY!

<http://Risk-To-Resilience.com>

For Questions about Registration or to Register a Large Group Please Email InstituteRegistration@ITMHCA.org

Follow Us For Institute News and Updates:

[#ITMHCAInstitute2018](#)



THANK YOU TO OUR SPONSORS



We are happy to support ITMHCA, their partner parents, and their caregivers for their vision of optimal health and development for all infants and young children through safe and nurturing relationships.



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THANK YOU TO OUR SPONSORS

On October 1, 2018, Health Choice Integrated Care and Health Choice Arizona became one health plan, Steward Health Choice Arizona.



CARING FOR YOU IN YOUR COMMUNITY

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Jocelyn, age 3
swhd.org/jocelyn

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Thank you

for supporting parents and caregivers to raise safe, healthy, happy children.



pcaaz.org

THANK YOU TO OUR SPONSORS



Your commitment to well-being makes us all stronger.

We are proud to sponsor the Infant/Toddler Mental Health Coalition of Arizona's From Risk To Resilience event. Thank you for your commitment to the wellbeing of infants, young children and their families.

Because we care.
www.MercyCareAZ.org

Contract services are funded under contract with the State of Arizona.

FIRST THINGS FIRST



DID YOUR FAMILIES GET THEIR ARIZONA PARENT KITS?

First Things First provides the Arizona Parent Kit - free of charge - to parents of newborns before they leave the hospital or birthing center.

Learn more by visiting the First Things First table or email Community@FirstThingsFirst.



Infant and Early Childhood Therapy:

Touchstone's Infant and Early Childhood Program (IECP) provides a comprehensive array of services to children birth to 6 years old.

Therapy's include:

- Child-Parent Psychotherapy (CPP)
- Parent-Child Interaction Therapy (PCIT)
- Circle of Security
- Play Therapy
- Sand Tray Therapy
- Theraplay



Contact us:
866.207.3882
15648 N 35th Ave.
Phoenix, AZ 85053



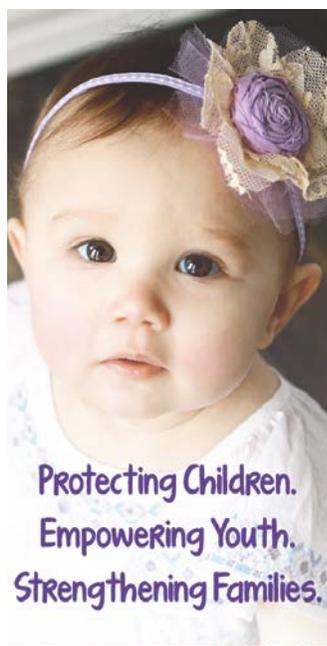
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