



**From Risk to Resilience  
The 15<sup>th</sup> Institute on  
Infant-Toddler Mental Health**

**September 11 & 12, 2014  
Crowne Plaza San Marcos Golf Resort  
Chandler, Arizona**



**Infant Toddler Mental Health Coalition of Arizona**

## WELCOME

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On behalf of the Board of Directors of the Infant-Toddler Mental Health Coalition of Arizona we are proud to offer From Risk to Resilience: The Fifteenth Training Institute on Infant Toddler Mental Health. We invite you to attend this year's conference which will prove to be a stimulating and relevant program. This long awaited training institute will combine both locally and nationally recognized talents in the infant mental health field. You will find the topics offered are valuable to those working in clinical practice, early intervention, family support, consultants, early care and education, pediatric medicine, child abuse prevention and intervention, and public policy.

This year we are very fortunate to have **Dr. Charles Zeanah** as our opening keynote speaker. Dr. Zeanah is one of the leading international authorities in the field of infant mental health. Few other authorities have had the influence on the field as he has worldwide. Dr. Zeanah is widely recognized for his leadership in the field of infant mental health, especially in understanding infants' development in the context of infant-parent relationships in high- and low-risk families. Dr. Zeanah's affiliations include: Mental Health Director of the Tulane Infant Team; Board Member, ZERO TO THREE; Distinguished Fellow of the American Psychiatric Association; Fellow of the American Academy of Child and Adolescent Psychiatry; World Association for Infant Mental Health; Society for Research in Child Development; Association of Child Psychology and Psychiatry and Allied Disciplines.

We are also pleased to announce our second keynote speaker, **Dr. Marva Lewis**, an Associate professor at Tulane University, a sociocultural developmental psychologist, academic researcher and educator in the area of infant mental health, parent-child relationships and diversity awareness. Her innovative program of research builds on the strengths of families and communities based on a cultural practices approach. She has obtained private, state and federal funding for research and is skilled in conceptualization and development of culturally valid, community-based research methods. Her research on African American mother-daughter relationships uses the hair-combing task as a naturalistic intervention to strengthen parent child attachment behaviors and build community connections among parents. Having the opportunity to hear Dr. Lewis present is a moment that participants will never forget!

Our Institute will be held at the Chandler San Marcos in Chandler, AZ on September 11 and 12, 2014. Accommodations for lodging can be made directly online with a link through our website (<http://www.itmhca.org>). A special rate has been dedicated to ITMHCA conference participants for a limited time. ITMHCA has 'gone green' and all registration is conveniently available online.

We are thrilled to offer this conference program to you and look forward to your attendance. Our last institute was a great success and we encourage you to register early for the best rates and best selection of concurrent sessions. Sponsorship opportunities remain available for those wishing to support this conference.

Thank you! See you in September!

Kate Whitaker, MsEd, IMH-E (IV),  
ITMHCA, Chair

Clay Jones, M.Ed, IMH-E (III), ITMHCA,  
Co-Chair

Genett Tomko, MSW, LCSW, IMH-E® (III),  
Co-Chair



# INFANT TODDLER MENTAL HEALTH COALITION OF ARIZONA

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## Mission

To promote the understanding that infancy is a critically important period in the psychosocial development of individuals and that every child needs an environment which supports optimum physical, mental and emotional growth and development. To promote the integration of mental health into delivery of services to infants, toddlers and their families.

## Origins

The Coalition was established in 1996 following the development of Arizona's Infant Mental Health Strategic Plan. Interested professionals continue to assemble to discuss theoretical issues related to infant toddler mental health and the availability of formalized training in the field.

## Focus

Training, early intervention and treatment as it relates to infant toddler mental health.

## 501 c 3 status

The Coalition has obtained its 501 (c) (3) designation establishing itself as a non-profit organization.

## Management

The Coalition is managed by a volunteer Board of Directors that oversees the Institute program development and executes the daily business of the Coalition. Institute planning and coordination is contracted to a professional meeting planning firm.

## Professional Certification

The Infant Toddler Mental Health Institute provides CEU certified programs. This program also meets the guidelines for contact hours for health care and social service professionals.

## Growth

Since its inception, Institute attendance has grown 300% and continues to grow regionally, attracting more out-of-state attendance every year. Over 250 professionals, parents and child advocates are expected to attend the 2014 Institute.

## Who Attends

Attendees consist of pediatricians, psychologists, psychiatrists, prenatal nurses, child welfare workers from private and statewide agencies, mental health practitioners, early interventionists, therapists, child care providers and parents.

## Who Benefits

Children with behavioral and developmental challenges, parents of high-risk families, agency training programs, caseworkers, teachers, and the community overall.



## HOTEL INFORMATION

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### THE CROWNE PLAZA SAN MARCOS GOLF RESORT

Listed on the National Register of Historic Places, the Crowne Plaza San Marcos Golf Resort has hosted celebrities and dignitaries for over 90 years. The newly-renovated 123 acre resort is an elegant yet charming resort and conference center, and features an on-site 18-hole USGA championship golf course, two heated swimming pools, whirlpool, lighted tennis courts, two restaurants, lounge, Starbucks, exercise room, and 295 guest rooms.

The Crowne Plan San Marcos Golf Resort is located in Chandler, AZ, just a short drive from Phoenix Sky Harbor Airport.

Crowne Plaza San Marcos Golf Resort  
One San Marcos Place  
Chandler, AZ 85225  
480-812-0900, 1-877-766-3387  
[www.SanMarcosResort.com](http://www.SanMarcosResort.com)

### ROOM RATES

Please Note: Attendees are responsible for making their own hotel reservations and travel arrangements.

#### **Guest Room Rates: \$89 + tax (currently tax is 12.67%) per night**

Complimentary services include:

- Guestroom Wireless Internet, and Resort Parking
- Resort Fees are waived (e.g. there is no additional charge for Weekday USA Today, weekend local paper, local calls, 900 or toll free access (up to 60 minutes), incoming faxes (first 2 pages) in-room coffee and tea, in-room bottled water, unlimited use of fitness center, and tennis courts (2-hour limit per day, based on availability).

Rooms are reserved for the ITMHCA Conference for **both Wednesday and Thursday nights, September 10th and 11th, with checkout on Friday, noon, September 12th.** However, guests have the option of staying just Friday night, September 12th or adding additional nights, subject to availability.

### CHECK-IN/CHECK-OUT

Guest accommodations will be available at 3:00 PM on arrival day and reserved until 12:00 noon on departure day. Any attendee wishing special consideration for late checkout should inquire at the

front desk on day of departure. Luggage can be stored at the Bell Desk, Friday afternoon, September 12th, so that guests may attend all Friday sessions.

## ROOM RESERVATIONS

In order to guarantee availability, reservations should be made by **August 18, 2014**.

There are two ways to register:

### Option 1: (Preferred)

A dedicated booking website has been created so that guests are able to make, modify and cancel hotel reservations online, as well as take advantage of any room upgrades, amenities or other services offered by the hotel. Just paste the following link in your web browser and reserve your room at the \$89 rate:

<http://www.ihg.com/crowneplaza/hotels/us/en/chandler/phxqq/hoteldetail?qAdlt=1&qBrs=6c.hi.ex.rs.ic.cp.in.sb.cw.cv&qChld=0&qFRA=1&qGRM=0&qGrpCd=D7Q&qlta=99801505&qPSt=0&qRRSrt=rt&qRef=df&qRms>

**Option 2:** (Telephone reservation) Contact the hotel no later than August 18th and identify yourself as part of the ITMHCA Conference/Summit (Call Direct: 480-812-0900 or 480-857-4413). Ask for *Reservations* and refer to Group Block Code: **D7Q**. Provide your name, type of room, check-in and check-out dates. Any requests for special reservations must be made at the time of the call.

## CANCELLATIONS

Rooms are guaranteed for late arrival to an individual's credit card. Any guaranteed reservation NOT cancelled before 6:00 pm on the arrival date will be billed to the individual guest's credit card.

## AIRPORT TRANSPORTATION

An airport taxi is recommended. There is also a SuperShuttle available at the airport to Crowne Plaza San Marcos Golf Resort for \$21 each way.

## DIRECTIONS

From Phoenix Sky Harbor International Airport - Take Interstate 10 East (towards Tucson) and exit onto Loop 202 East/Pecos Road. Travel East on Loop 202 and exit on Arizona Avenue. Turn Left on Arizona Avenue; traveling north until you reach Buffalo St. Turn left onto Buffalo Street; resort will be on the left.

From East - Go west on Superstition Freeway (US Highway 60) and exit onto Country Club Drive (state Route 87). Turn left onto Country Club Drive and drive south eight miles. Country Club will become Arizona Avenue. Go past Chandler Boulevard and, at the next light, turn right onto Buffalo Street. The resort will be on the left.

From West - Take Interstate 10 East (towards Tucson) and exit onto Loop 202 East/Pecos Road. Travel East on Loop 202 and exit on Arizona Avenue. Turn Left on Arizona Avenue; traveling north until you reach Buffalo Street. Turn left onto Buffalo Street and the resort will be on the left.

From Tucson - Take Interstate 10 West and exit onto Loop 202 East/Pecos Road. Travel East on Loop 202 and exit on Arizona Avenue. Turn Left on Arizona Avenue; traveling north until you reach Buffalo Street. Turn left onto Buffalo Street and the resort will be on the left.

## CONFERENCE AGENDA – DAY ONE – THURSDAY, SEPTEMBER 11, 2014

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**Crowne Plaza San Marcos Golf Resort  
Chandler, AZ**

**Thursday, September 11, 2014**

7:00am - 8:00am	Continental Breakfast Registration/Tables Open	<i>Grand Ballroom Foyer</i>
8:00am – 8:15am	Welcome & Introduction To Institute	<i>Grand Ballroom</i>
8:15am - 10:15am	<b>Plenary Keynote</b> <b>“Developmentally Informed Foster Care for Young Children”</b> Foster care is a societal intervention for children who have been abused, neglected or abandoned. There is considerable room for improvement in “business as usual” foster care in the United States, and it is critical that improvements are implemented so that the needs of the youngest and most vulnerable children are met. Advances in developmental science have important implications for young children in foster care. In this presentation, I consider those advances and what developmentally informed foster care might comprise if it were designed to be an evidence-informed intervention. <b>Dr. Charles H. Zeanah</b> Sellars-Polchow Chair in Psychiatry, Professor of Psychiatry and Pediatrics, and Vice-Chair for Child and Adolescent Psychiatry in the Department of Psychiatry and Behavioral Sciences at Tulane University School of Medicine	<i>Grand Ballroom</i>
10:15am - 10:30am	Morning Break – Vendor Tables/Snacks	<i>Grand Ballroom</i>
10:30am – 12:00pm	Concurrent Sessions A Choose From 4 Workshops	<i>Breakout Rooms, 2<sup>nd</sup> Flr</i>
12:00pm – 1:30pm	Lunch And Speaker/Presentation	<i>Grand Ballroom</i>
1:30pm - 3:00pm	Concurrent Sessions B Choose From 5 Workshops	<i>Breakout Rooms, 2<sup>nd</sup> Flr</i>
3:00pm - 3:15pm	Afternoon Break – Vendor Tables/Snacks	<i>Grand Ballroom</i>
3:15pm - 4:45pm	Concurrent Sessions C Choose From 5 Workshops	<i>Grand Ballroom</i>
4:45 pm	Adjourn	

## CONFERENCE AGENDA – DAY TWO – FRIDAY, SEPTEMBER 12, 2014

**Crowne Plaza San Marcos Golf Resort  
Chandler, AZ**

**Friday, September 12, 2014**

7:30am – 10:00am	Continental Breakfast/ Registration	<i>Grand Ballroom</i>
8:00am – 8:15am	Opening Conference & Introduction	<i>Grand Ballroom</i>
8:15am- 10:15am	<b>Plenary Keynote</b> <b>“Historical Trauma”</b> In communities of color, skin color and hair symbolize centuries of painful stereotypes and historical trauma. The practice of <i>Colorism</i> - valuing light skin color and rejection of dark skin and kinky hair - originated during the centuries of collective intergenerational trauma of chattel slavery. Colorism continues to impact interpersonal relationships within families of color including parent-child attachment relationships. Infants may be accepted or rejected based on their racial features and skin color, setting the stage for insecure attachment as well as other developmental outcomes. <b>Dr. Marva Lewis</b> Associate Professor at Tulane University in New Orleans, Louisiana is founder and Director of the <i>Early Connections Project</i> . She conducts trainings on community-based strategies for healing from the historical trauma of slavery.	<i>Grand Ballroom</i>
10:15am - 10:30am	Morning Break – Vendor Tables/Snacks	<i>Grand Ballroom</i>
10:30am – 12:00pm	Concurrent Sessions A Choose from 5 workshops	<i>Breakout Rooms, 2<sup>nd</sup> Flr</i>
12:00pm – 1:30pm	Lunch	<i>Grand Ballroom</i>
1:30pm - 3:00pm	Concurrent Sessions B Choose from 5 workshops	<i>Breakout Room, 2<sup>nd</sup> Flr</i>
3:00pm	Adjourn	



# SPONSORS FOR THE 15<sup>TH</sup> INSTITUTE ON INFANT-TODDLER MENTAL HEALTH

## Platinum Sponsor



## Gold Sponsor



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**Concurrent Sessions A: 10:30am - 12:00pm**

**Workshop A1**

***“Treatment Of A Mother With A Profound Aversion To Her Child”***

Relationship disturbances between young children and their parents often derive from unresolved conflicts in the parent’s previous relationship histories. This case illustrates an integrated use of Circle of Security (COS) and Child Parent Psychotherapy to treat a mother who reported an aversion to her two-year-old child. The case began with establishing a framework about attachment to assist the mother in understanding her daughter’s needs for exploration, nurturance and parental authority. WE identified conflicts complicating the mother’s ability to respond effectively to each of these needs. The conflicts derived from conflicts that represented relationship repetitions.

Dr. Charles H. Zeanah is Sellars-Polchow Chair in Psychiatry, Professor of Psychiatry and Pediatrics, and Vice-Chair for Child and Adolescent Psychiatry in the Department of Psychiatry and Behavioral Sciences at Tulane University School of Medicine. Throughout his career, his clinical and research focus has been on adverse early experiences and their effects.

**Workshop A2**

***“An Overview Of Child Life Services”***

The hospital can be a scary place for children. Child Life Specialists are trained to help children and families cope in the hospital environment. This is done through play, preparation, education, support and providing a positive environment for children. This workshop will provide information on the field of Child Life, a brief overview of development, and how professionals can help children in the hospital setting.

Joanna Carlin MS, CCLS entered the field of Child Life as a volunteer and fell in love. Ten years later, she still enjoys working as a Child Life Specialist. She is currently working in the Emergency Department at Phoenix Children’s Hospital. I love helping families during times of crisis.

**Workshop A3**

***“The HOME Inventory: Practical Considerations For Working With Families”***

The goal of the workshop is to introduce participants to the HOME Inventory. An effort will be made to describe how it is administered as part of efforts to work with high-risk families and how HOME can be used to help evaluate programs designed for young children and families. Consideration will be given to special issues related to using home environment measures for fathers, grandparents, and foster care providers.

Robert Bradley is professor and director of the Family and Human Dynamic Research Institute at ASU. His research focuses on parenting and children’s development for both normal and high-risk populations. He also studies early education and child care. He is one of the developers of the HOME Inventory.

## Workshop A4

### **“Overcoming Adverse Childhood Experiences: Creating Hope For A Healthier Arizona”**

For the first time, data is available documenting the incidence of Adverse Childhood Experiences (ACEs) in Arizona children. This presentation will include a brief overview of the groundbreaking ACEs Study and share information from the new Arizona ACEs Report: what the data tells us, why we should care, and what we can do about it. Participants will help brainstorm strategies to reduce ACEs and build stronger Arizona communities.

Marcia Stanton, MSW leads Phoenix Children’s Hospital Strong Families Child Abuse Prevention Program and Arizona Adverse Childhood Experiences Consortium working to increase awareness of the impact of childhood trauma. She spearheads a statewide Triple P – Positive Parenting Program Planning initiative and efforts to end corporal punishment and promote positive discipline.

## Concurrent Sessions B: 1:30pm - 3:00pm

## Workshop B1

### **“The Influence Of Sensory Processing On Development, Behavior, And Parent-Child Relationships In Infants And Young Children” PART 1**

This 2-part session will present concepts of sensory processing and how sensory responses can play a role in shaping the behavioral development of infants and young children.

Part I will focus upon concepts of sensory processing and its influence on behavior, interaction, and activity engagement. An interactive discussion of how sensory preferences/responses can influence the dynamics between the child, context, activity, and caregiver will be presented.

Part II will include an exploration of how sensory processing interrelates with concepts associated with the Goodness-of-Fit model. A discussion of the behavioral impact of sensory processing issues will be presented, including a discussion of the relationship between sensory processing and behavior of children who experienced abuse and neglect.

Dr. Diamant is a professor at AT Still University, and OT practitioner for over 25 years with a work focus on children with disabilities and their families. She is Board Certified in Pediatrics by the American Occupational Therapy Association and co-author of *Positioning for Play: Interactive Activities to Enhance Movement and Sensory Exploration*.

## Workshop B2

### **“Clinical And Ethical Challenges In Home Visitation”**

Home visiting provides opportunities to work with and understand families that are often unavailable through traditional services, and the ability to effect positive and long -lasting changes with “vulnerable” families has generated enormous interest and support for home visiting programs. As these programs grow, the variety and complexity of the individual, dyadic, and family needs and desires grows as well, and home visitors often find themselves trying to address situations for which there is no “procedure manual.” In this session, clinical vignettes will highlight some of the clinical and ethical challenges faced by home visitors, and we will discuss implications for services.

Paula Zeanah, Ph.D., M.S.N., R.N. Dr. Zeanah is a Clinical Psychologist and Professor in the Department of Psychiatry, Tulane Medical School, where she serves as Chief of the Psychology Division and a supervisor for the Pediatric Psychiatry Consultation-Liaison service at Tulane Hospital. She also serves as the Clinical Developer and Director of Infant Mental Health for Louisiana’s Maternal, Infant, and Early Childhood Home Visitation Program, focusing on consultation and support, professional training, and program development. Dr. Zeanah's interests center at the

interface of health and mental health, including perinatal and early childhood mental health, professional development, and chronic illness in childhood and adolescence.

### **Workshop B3**

#### ***“I Love You Rituals (From Conscious Discipline®): Developing Attachment And Attunement With Infants And Toddlers”***

This workshop is for infant-family professionals, early childhood consultants, teachers, supervisors, and clinicians. This workshop will explore the use of I Love You Rituals. Participants will learn songs and rhymes that are carefully created to increase the quality of the relationship between children and their caregivers. Participants will learn how to include the I Love You Rituals program in an intervention plan for children with special needs.

Bernadette Herran specializes in the social-emotional development of children birth to five years of age. Bernadette has experience working with families in crisis, training and consulting with teachers, childcare providers and parents. She is a Conscious Discipline Certified Instructor and has an Infant/Family Clinical Practice Certificate from The Harris Infant and Early Childhood Mental Health Training Institute.

### **Workshop B4**

#### ***“Infant Mental Health, Trauma And Child Welfare, Oh My!!” PART 1***

This workshop will highlight the unique needs of infants and toddlers in our child welfare system and how we can all work together to support their healthy development and well-being! Infants and toddlers experience abuse, neglect and separation from their caregivers as trauma. However, they do not have the words and coping mechanisms that are required to fully understand what is going on or to express their needs to the “big people” in our system. For these reasons, and many more, infants and toddlers require specialized services, protocols and policies to fully assess and address their many ongoing needs. YOU are important in helping them to grow up to be healthy and happy adults. Please come and learn about babies and toddlers and what you can do to support them as they go through our many complicated legal processes and systems of care!

Faith Eidson is currently a Clinical Supervisor at Easter Seals Blake Foundation in Sierra Vista, AZ. Faith has experience providing therapy to very young children and their parents in different systems and is passionate about helping other professionals and parents understand the unique needs of very young children in order to make the best possible decisions for their well being. Faith has been working in the field of infant mental health for over ten years in various capacities. Currently, Faith also provides training and reflective supervision and consultation to multiple professionals working in a diverse range of fields and systems. Faith is a Licensed Clinical Social Worker and is also endorsed at Level IV as an Infant Mental Health Mentor.

Monica McDonough is currently an Assistant Program Manager with the Department of Child Safety in Southeastern Arizona. Monica earned her Bachelor of Social Work degree at Northern Arizona University and is currently pursuing her Master of Social Work degree at Arizona State University. She has been working with children and families within the child welfare system in Arizona for over sixteen years as a Child Protective Services Specialist, Supervisor, Program Specialist and Assistant Program Manager. Monica has been an active member of her region's Best for Babies Court Team and pursued her interest in learning more about infants and toddlers in the child welfare system via the Infant Toddler Mental Health Coalition of Arizona and Reflective Supervision. She was the first DCS employee to receive their endorsement at Level II as an Infant Family Specialist

through ITMHCA in 2012.

## **Workshop B5**

### ***“Being Held In Another’s Mind: The Reflective Supervisory Experience” PART 1***

"To be held in another's mind is a precious thing. Equally precious is to hold another in one's own mind." (J. Pawl, Concepts for Care, 2006). This two-part workshop will introduce participants to reflective supervision. Part I explores four central questions: 1. What is reflective supervision and why is it essential for reflective practice? 2. Can we identify core components of reflective supervision? 3. What does a reflective supervisory relationship look like? and 4. What strategies can be utilized to support the emergence of reflective capacity in both the supervisor and supervisee? This will be followed by an opportunity to observe a "real time" reflective supervision. Part II, continues to experientially explore the notion of being held in another’s mind within reflective supervision via opportunities for live and real time supervision. This workshop is suitable for supervisors and supervisees across disciplines and at multiple levels of service.

Deborah J. Weatherston, PhD, LMSW, IMHE®-IV, is the Executive Director of the Michigan Association for Infant Mental Health. She provides training nationally and internationally to build infant mental health informed services across systems, emphasizing the importance of both relationship and reflection to best practice.

Barbara Wightman, MPA, OTL, IMH-E®-(IV) is the Healthy Families Program Manager for Coconino County Public Health Services District. She oversees the delivery of Home Visiting services for Flagstaff, Page, Leupp, Williams and other locations within a 50 mile radius. Services are provided to the diverse Hispanic, Native American and Anglo families. She was part of the professionals who established the Infant Toddler Mental Health Coalition of Arizona in 1995 and served as Chair of the Coalition from October 2001- September 2004. Throughout this journey, she has been very privileged to participate in the ZERO To THREE Training of Trainers and to further her understanding of Relationship Based Practice with Debbie Weatherston, as well as Barbara and Robert Weigand and the wonderful home visitors she works with.

## **Concurrent Sessions C: 3:15pm - 4:45pm**

### **Workshop C1**

#### ***“The Influence Of Sensory Processing On Development, Behavior, And Parent-Child Relationships In Infants And Young Children” PART 2***

Dr. Diamant - See Part 1 For Description Of This Breakout.

### **Workshop C2**

#### ***“Trauma And Healing”***

This workshop provides an overview of complex trauma, its prevalence, mediating factors and common manifestations in early childhood. An emphasis on its impact on brain development, learning, social and emotional development and the parent-child relationship will be provided. Evidence-based relational components that most trauma-focused interventions have in common will be presented, highlighting the importance of strength-based approaches of engagement. The impact of trauma across multiple systems and its intersection with historical/ institutional oppression, racism and poverty will be discussed.

Dr. Vilma Reyes is a licensed clinical psychologist who provides Child-Parent Psychotherapy, training and supervision and coordinates community-based mental health outreach services and evaluation at the University of California, San Francisco, Department of Psychiatry in the Child Trauma Research Program. She has over 11 years of clinical experience providing relationship-focused, culturally-informed interventions for trauma-exposed young children and their families. Dr. Reyes is Latina and specializes in working with immigrant families.

### **Workshop C3**

#### ***“Implementing Developmentally Appropriate Visitation For Very Young Children In Foster Care”***

Visitation with their biological parents is the cornerstone of intervention services for children foster care. Most infant mental health professionals and policy makers recommend frequent and regularly scheduled visitation for children ages 0-5 years. This presentation will examine the circumstances under which visitation is therapeutic and those which increase risks to a young child’s development and mental health. The presenters will describe guidelines for developmentally appropriate visitation for infants, toddlers, and preschool-age children in foster care.

Barbara Weigand, MSW, IMHE(IV)@ is the Director of the Master of Advanced Studies in Infant Family Practice program and an instructor in Arizona State University’s T. Denny Sanford School of Social and Family Dynamics (SSSFD).

Robert Weigand, MS, IMHE(IV)@ is the Director of Arizona State University’s Child Development Laboratory and a Cowden Distinguished Principal Lecturer in Family & Human Development in ASU’s T. Denny Sanford School of Social and Family Dynamics.

### **Workshop C4**

#### ***“Infant Mental Health, Trauma And Child Welfare, Oh My!!” PART 2***

Faith Eidson and Monica McDonough – See Part 1 For Description Of This Breakout.

### **Workshop C5**

#### ***“Being Held In Another’s Mind: The Reflective Supervisory Experience” PART 2***

Deborah J. Weatherston, PhD, LMSW, IMHE®-IV and Barbara Wightman, MPA, OTL, IMH-E®-(IV)  
– See Part 1 For Description Of This Breakout.

## CONCURRENT SESSIONS – DAY TWO – FRIDAY, SEPTEMBER 12, 2014

### Concurrent Sessions A: 10:30am - 12:00pm

#### **Workshop A1**

##### ***“The Use Of The Hair Combing Task For Intergenerational Assessment And Clinical Intervention With African American Mothers & Daughters”***

A research-based, clinical tool will be presented to compliment the assessment of attachment relationships for African American and Latina mothers and their young daughters. Evidence of the psychological impact of centuries of intergenerational legacies of destructive stereotypes about hair and skin color (Colorism) and historical group trauma will be presented. Videotaped examples of four different interactive styles during the hair combing task and implications for the developing parent-child relationship will be discussed. Participants will learn the use of a projective tool that allows the caregiver to develop a healing narrative of her childhood feelings of acceptance/rejection.

Marva L. Lewis, Ph.D., Associate Professor at Tulane University in New Orleans, Louisiana is founder and Director of the *Early Connections Project*. Her scholarship uses a cultural practices approach to strengthen parent-child attachment and promote literacy. She conducts trainings on community-based strategies for healing from the historical trauma of slavery.

#### **Workshop A2**

##### ***“A Model for the Exploration and Healing of Traumatic Loss in Young Children and Families: A Brain-Based/ Attachment-Based Perspective”***

Gabrielle Lawrence, Ph.D. is a licensed psychologist in private practice in the state of Arizona. She is a clinical member of the American Association of Marriage and Family Therapist, a Registered Play Therapist and Play Therapy Supervisor, and a trauma and loss specialist for children and adults. In 1990, she co-founded the New Song Center for Grieving Children support program for children and families who have experienced the loss of a family member through death.

#### **Workshop A3**

##### ***“Promoting Reflective Capacity And Wonder: Awaken To Your Creative Spirit” PART 1***

Early childhood educators, interventionists, and mental health professionals work in a pre-verbal and pre-conceptual world that most adult thinking can't bring into real focus. In order to be successful in this environment, adults need to experience this world in a personal way. Growth and insight can start with mindful practices that integrate both the linear left brain and intuitive right brain. Through creative expression activities participants will experience personal discovery of inner process and deeper understanding of the relationship to the important work you do with children and families. Come prepared to follow the lead of the materials and your creative spirit!

Shelley Mayse, LCSW, IMHE-IV. Shelley has over 20 years experience working with children and families in a variety of settings: early childhood mental health, schools, hospice, and community mental health. She is Past President of the Kansas Infant and Early Childhood Mental Health Assoc. (KAIMH) and an active member of the League States for Endorsement. She has presented on reflective practice and supervision at state and national conferences. Shelley enjoys providing Reflective Supervision for individuals and groups and is passionate about using expressive art

experiences to facilitate positive growth and transform the way we understand ourselves and the work we do.

#### **Workshop A4**

##### ***“Early Identification Of Fetal Alcohol Syndrome, Autism And Posttraumatic Stress Disorder”***

The early and accurate diagnosis of Autism, Fetal Alcohol Syndrome (FAS) and Posttraumatic Stress Disorder (PTSD) can drive the development of a comprehensive treatment plan focused on the specific needs of the child with these conditions. However, differentiation of these conditions from each other can often be difficult. Dr. Klaehn will describe how these conditions can be identified in infants, toddlers and pre-school age children and advantages of early diagnosis and treatment. Current research on these conditions will be summarized and what the appropriate psychotherapeutic interventions might be. The very limited role of psychotropic medications in the treatment of these conditions in very young children will also be discussed.

Bob Klaehn, M.D. has been the Medical Director for the Arizona Division of Developmental Disabilities for the last 13 years. He is Board Certified in Adult and Child Psychiatry and was formerly the Child Psychiatric Consultant at Southwest Human Development. Bob is currently a member of the ITMHCA Board of Directors. He is one of the developers of American Academy of Child and Adolescent Psychiatry’s Early Childhood Service Intensity Instrument, a non-diagnostically driven tool for determining the appropriate level of service intensity for infants, toddlers and preschoolers. Bob is the Academy’s primary trainer nationally for this instrument.

#### **Workshop A5**

##### ***“Integrating Developmental Theory into Clinical Practice With Young Children Demonstrating Symptoms of Trauma and Dissociation”***

Bonding and attachment are neurobiologically driven survival mechanisms; but when irreconcilable conflict exists within the innate mechanisms of survival and attachment, children can experience extreme distress leading to mental health symptoms and physical disease. When earliest relationships are traumatic, attachment injuries can significantly change the developmental trajectory of a life. It is essential that childhood symptoms be tackled in order to improve overall health and functioning. This session will integrate developmental theories into clinical practice to assist in improving attachment recovery, resilience, and health.

Robbie Adler-Tapia, Ph.D. is a licensed psychologist who has worked with individuals impacted by trauma, attachment and dissociation for more than 25 years. After conducting her doctoral study on the iatrogenic effects of foster care on children, she has developed a specialty with young children and their families. Dr. Adler-Tapia’s work as a psychologist, educator, researcher and writer has taken place in community mental health and child welfare settings, statewide adolescents-at-risk programs in Pennsylvania and Arizona, and as the Clinical Director at Childhelp’s Children’s Center, a national non-profit center for children who are victims of crime.

#### **Concurrent Sessions B: 1:30pm - 3:00pm**

#### **Workshop B1**

##### ***“Promoting Reflective Capacity And Wonder: Awaken To Your Creative Spirit” PART 2***

Shelley Mayse, LSCSW, IMHE-IV – See Part 1 For Description Of This Breakout.

## **Workshop B2**

### ***“Through The Eyes Of A Child: A Developmental Perspective Of the Impact Of Family Violence On Children “***

The home environment and the relationships within the family establish the foundation on which children build perceptions of themselves, an understanding of interpersonal relationships and a view of life and living in general. The presence of violence in the home not only risks the achievement of specific developmental tasks at certain ages, it also risks overall developmental trajectories compromising social effectiveness in relationships and future abilities in decision-making. This workshop will address the progressive impact of violence from a child development perspective with implications for parenting, support services and interventions by clinical professionals

Dr. McCaine is the Director of Training for Bayless Health Care and Vice President, Consulting Clinical Director for Youth Services International based in Sarasota Florida providing clinical oversight, program development, and staff training for residential programs for high risk youth across the country with patterns of delinquent violence, sexual behavior, and substances abuse. Dr. McCaine also provides courtroom testimony on causes of intimate partner violence and was recognized with the Attorney General’s Distinguished Service Award for his work in the area of family violence prevention and education.

## **Workshop B3**

### ***“Culture, Race And Attachment In Child Care”***

Developmental research documents that children become aware of race by infancy. Within the first eight years, they develop nuanced and socially connected understandings of race and its implications to their identity. This session will highlight and discuss research findings on race, ethnicity and implications for children’s attachment relationships with various types of early educators. As many practitioners of early childhood education tend to perceive that children are colorblind despite findings to the contrary, this session will attempt to bridge the gap between early childhood research and practice by presenting strategies for guiding professional development efforts (including coaching and consultation) with teachers and administrators.

Eva Marie Shivers, J.D., Ph.D. is the director of the *Institute for Child Development Research & Social Change*, a non-profit action research firm at the *Indigo Cultural Center*. Dr. Shivers received her Ph.D. from UCLA’s Department of Education, Psychological Studies in Education. Dr. Shivers also holds a law degree from Howard University School of Law, and a BA in English Literature from Arizona State University. She currently directs the evaluation for Smart Support – Arizona’s Early Childhood Mental Health Consultation program, and was a faculty member of SWHD’s Harris Institute for the past 5 years.



## **Workshop B4**

### ***“Best Practices For The Psychiatric Care Of Children Birth To Five”***

Media reports indicate that there is an overuse of psychotropic medication in children of all ages, including children under five years of age. Children in the child welfare system seem especially vulnerable to this over-reliance on psychotropic medications. Yet the best practice standards for the psychiatric treatment of young children do not recommend this approach. Dr. Klaehn will review the American Academy of Child and Adolescent Psychiatry (AACAP) Best Practice standards for the treatment of infants, toddlers and young children with a focus on their use by non-psychiatrists to advocate for better, more comprehensive treatment plans with much less reliance on medication treatment for this population.

Bob Klaehn, M.D. has been the Medical Director for the Arizona Division of Developmental Disabilities for the last 13 years. He is Board Certified in Adult and Child Psychiatry and was formerly the Child Psychiatric Consultant at Southwest Human Development. Bob is currently a member of the ITMHCA Board of Directors. He is one of the developers of AACAP’s “Best Principles for Early Childhood Systems of Care” and the lead author of the Early Childhood Module of AACAP’s System-base Practice Toolkit.

## **Workshop B5**

### ***“Understanding Common Parenting Strategies: Is It Finally Time to Put “Timeout” in the Corner?”***

In this workshop, we will examine several of the parenting/discipline strategies that are most commonly recommended by early childhood professionals. Participants in this interactive workshop will explore the benefits, risks, underlying mechanisms and unintended effects of these common parenting strategies and consider a developmental perspective in the approach of challenging childhood behaviors.

Lorenzo Azzi, Ph.D. is a clinical psychologist providing Infant Mental Health services training and consultation at Southwest Human Development. Prior to joining SWHD, he was a clinical faculty member at Tulane University School of Medicine and served as the psychologist for several Early Childhood Supports and Services teams in Louisiana. Dr. Azzi completed a post-doctoral fellowship on Dr. Charles Zeanah’s Tulane University/JPHSA “Infant Team,” a multidisciplinary team that evaluates and provides intensive intervention to maltreated infants and toddlers in foster care.



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