



# ***SAVE THE DATE***

***REGISTRATION IS LIVE***

## **Birth to Five Workgroup Training Series**

**Friday October 6<sup>th</sup>, 2017 9:00am-12:00pm**

### **Emotional Regulation in Infants and Toddlers**

**Cathleen M. Phelan, LCSW, IMH-E(III) (Easterseals Blake Foundation)**

Emotional regulation is a key component of social and emotional development for young children, but is often misunderstood. In this training, participants will: become familiar with milestones of typical development of emotional regulation skills; gain understanding of the continuum from external regulation through co-regulation to self-regulation, learn ways to support the development of these skills in infants and young children; and identify relationship-based tools for intervention when concerns are identified.

#### **Where:**

- **Cenpatico Integrated Care, 333 E. Wetmore Rd., 6<sup>th</sup> floor conference room; however please WAIT in the 1<sup>st</sup> FLOOR lobby for an escort.**

#### **Who Should Attend?**

- Medical professionals, coaches, behavioral health staff, DCS workers, foster parents, preschool teachers, social workers, play therapists, counseling staff, and anyone else who talks to others and serves young children Birth-5!

**RSVP to EventBrite, <https://www.eventbrite.com/e/emotional-regulation-in-infants-and-toddlers-tickets-37811816160>**

*The Birth-Five Workgroup is a consortium of multiple social service agencies across Arizona*



United Way of Tucson and Southern Arizona

