



**INFANT-TODDLER MENTAL HEALTH
COALITION OF ARIZONA
PO Box 2234
Phoenix, AZ 85002-2234**

The Infant-Toddler Mental Health Coalition of Arizona

Presents

The Use of Self-Reflection and Self-Care While Helping Young Children Who Have Experienced Difficult Circumstances

Bernadette Herran MSW

**April 27th, 2019
9:30am – 12:30pm**

Tempe Public Library
3500 South Rural Road, Tempe
Connections Program Room
(Next to Connections Café)

This session will address approaches and strategies that will help educators pause, gain awareness of their own needs & behavior, and think deeply about the way they are with children; particularly those who have experienced challenging life events.

The workshop will address competencies required for *ITMHCA Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health*.

The cost is \$40.00 for ITMHCA members; \$50.00 for non-members.
Seating is limited

Preregistration required at www.itmhca.org