



**INFANT-TODDLER MENTAL HEALTH
COALITION OF ARIZONA
PO Box 2234
Phoenix, AZ 85002-2234**

The Infant-Toddler Mental Health Coalition of Arizona and

Present

Trauma Informed Care: An Infant Mental Health Perspective

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Robert Weigand, M.S., IMH-E (IV)

**February 9th, 2019
1:30pm – 4:30pm**

Tempe Public Library
3500 South Rural Road, Tempe
Connections Program Room
(Next to Connections Café)

Increasingly child advocates have been calling for organizations, groups, and individual professionals to become “trauma informed”. Scientific evidence documenting the relationship between the experience trauma and maladaptive patterns of social and personal functioning has been compelling for mental health and health care professionals. The publication of epidemiological data on Adverse Childhood Experiences has provided policy makers with compelling evidence that these early experiences can lead to painful and costly physical health problems, and such experiences are more common and widespread than previously recognized. The development, dissemination, and marketing of various intervention programs and therapies are predictable consequences of the increasing attention to the physical, emotional, and economic “cost” of early trauma. In this workshop we will talk about a few of these interventions, how they align with the “science” of infant mental health and what we know about early childhood development. We will offer suggestions and questions for discussion. The workshop will address competencies required for *ITMHCA Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health*.

The cost is \$40.00 for ITMHCA members; \$50.00 for non-members.

Preregistration required at www.itmhca.org

Seating is limited