

INFANT-TODDLER MENTAL HEALTH COALITION OF ARIZONA PO Box 2234 Phoenix, AZ 85002-2234

The Infant-Toddler Mental Health Coalition of Arizona and

#### Present

## The Nature and Consequences of Early Trauma: An Infant Mental Health Perspective

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### February 9<sup>th</sup>, 2019 9:30am – 12:30pm

#### **Tempe Public Library**

3500 South Rural Road, Tempe <u>Connections Program Room</u> (Next to Connections Café)

In this workshop we will discuss recent information from developmental science describing the effects of trauma experienced by infants and toddlers. What is *traumatic* for children during this developmental period? How are these experiences carried forward, and how might they influence social relationships and learning? During this session we plan to offer substantial time to address and *discuss with participants* from an *infant mental health perspective* common and persistent questions about such topics and constructs as: Adverse Childhood Experiences, complex developmental trauma, neurological and "sequential" approaches to understanding the consequences of trauma, and more. After and introductory overview we will address **your** questions, comments, experiences, and opinions during this interactive portion of the workshop. The workshop will address competencies required for *ITMHCA Endorsement for Culturally Sensitive, Relationship Focused Practice Promoting Infant Mental Health* at Levels 2, 3, & 4.

The cost is \$40.00 for ITMHCA members; \$50.00 for non-members. Seating is limited

#### Preregistration required at <u>www.itmhca.org</u>